

Day Trips and Multi-Day Courses

Each module takes half a day to complete. Lunch can be provided for groups that choose to come up to Stillwood for a full day's course and partake in two modules. By combining several of the modules, an overnight or multi-day trip can be arranged with accommodation on site.

For older grades, Stillwood delivers the ideal opportunity for students to come and use the camp as a field centre. With equipment and facilitators provided, these students are welcome to come and design their own experiment modules. All the data gathered from any of the modules, combined with the knowledge they take with them, can then be applied to further projects within the classroom.

Other Activities Available:

In addition to the main focus of taking education outside of the classroom, there are many other activities available at Stillwood. These can be incorporated into the program as required and include: archery, climbing walls, low ropes course, high ropes course, swimming pool and ziplines...

What is Outdoor Education?

Outdoor education simply means "learning outside". Here at Stillwood, our Outdoor Education Program is specifically geared towards facilitating children to actively get "hands-on" experience in learning outside the classroom. Using the camp grounds as a field centre, this inter-disciplinary experiential approach helps children to learn and apply critical thinking and problem solving, as well as teambuilding and leadership skills. By unplugging from the virtual world, students are able to get back in touch with nature to deepen their understanding of both themselves and the natural world around them.

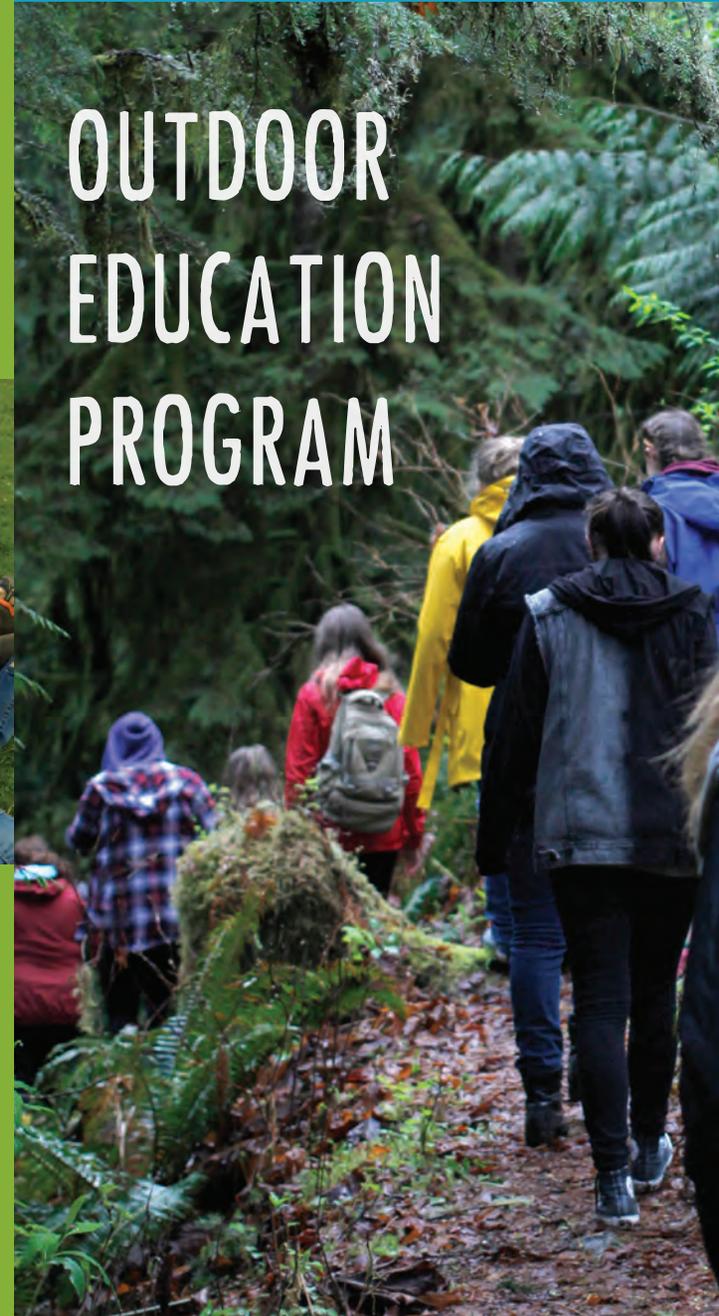


The program was designed and launched by Dr. Tracey Dobbs, a published and awarded scientist in the field of radiation oncology and DNA repair. After connecting with Stillwood in 2012, she combined her scientific and environmental knowledge with her love for outdoor activities and camp ministry, to establish a program that helps kids to succeed in education and in learning outside their comfort zone.

Contact information

For more information contact outdoored@stillwood.ca or call 604.858.6845 (Toll Free: 1.800.507.8455)

OUTDOOR EDUCATION PROGRAM



Benefits of Outdoor Education:

- Have an opportunity to study “hands-on” in a program focussed on traditional Outdoor Education and field work
- Learn about nature, the environment and conservation etc in a real-world situation
- Actively apply knowledge on a daily basis
- Learn faster in a proactive atmosphere and retain information for longer through independent study in a collaborative setting
- Empower children to set the foundations for leadership and physical fitness
- Unplug from social networking



Program and Modules:

Launched in 2015, the Program has been specifically designed to provide a framework that allows a cross-disciplinary approach while maintaining the learning outcomes of the BC curriculum. We cater to grades K – 12, as each module is flexible and is tailored to the individual needs of both schools and homeschool groups. The modules currently available are...

- **Nature Hikes to Teapot**
Come and explore the Coastal Western Hemlock geoclimatic zone, taking in the biodiversity and enjoying the beautiful view from the top!
- **Geology and Landforms**
Smashing rocks for a purpose! Learn about the structure and composition of rocks found in the local area and how they fit into the rock cycle, while also identifying and mapping the landforms they are part of. This module combines science and geography with practical, hands-on experiments.
- **Critter Catch in the Forest**
With acres of forest at your fingertips, get down on the ground and start digging for critters and creepy crawlies before studying them under the magnifier.

- **Wildlife and Orienteering**
Navigate your way through the natural habitats of wildlife local to the lower mainland and Cultus Lake areas. Discover how to track the native animals and identify prints, while also learning about the everyday life of forest fauna.
- **Predator-Prey Interactions**
Discover the world of carnivores and herbivores. Through fun, interactive team games, learn how animals interact within their ecosystems and how the slightest change to their environment can dramatically change the population dynamics.
- **Create Your Own Water Cycle**
Experiment with creating your own mini water cycle. Study the effects of shade, sun and other factors on how quickly your water cycle builds up.
- **Measuring Stream Quality and Flow Rates**
With unrestricted access to Watt Creek, come and start testing the quality of the water entering Cultus Lake. Learn about the watershed and the delicate balance of Riparian habitats.
- **Water Invertebrates**
What critters can we find in our creek? Try out different ways of finding aquatic invertebrates and analyzing the health of Watt Creek.
- **Measuring Biodiversity**
Study the biodiversity of the Stillwood field centre and investigate the impact of humans on the area.
- **Initiative Games/Teambuilding Competitions**
Create leadership and team building opportunities while learning the science behind these initiative games and competitions.
- **3D Topographical Modelling of the Columbia Valley (Grade 6 - 12)**
Using topographical maps of the local area, create your own 3D model of the Valley. Study how climate impacts the landscape and learn about using 2D maps to study your own local areas.
- **Design Your Own Experiment Module (Grades 10-12 only)**
Ever wanted to design your own experiments? Do you have ideas about taking your studies to the next level? Using our equipment and facilitators to guide you, bring along your concepts and imagination to start your own field study!