

Residential and Day Courses

Each module takes half a day to complete. Lunch can be provided for groups that choose to come up to Stillwood for a full day's course and partake in two modules. By combining several of the modules, an overnight or residential trip can be arranged with accommodation on site.

For older grades, Stillwood delivers the ideal opportunity for students to come and use the camp as a field centre. With equipment and facilitators provided, these students are welcome to come and design their own experiment modules. All the data gathered from any of the modules, combined with the knowledge they take with them, can then be applied to further projects within the classroom.

Other Activities Available:

In addition to the main focus of taking education outside of the classroom, there are many other activities available at Stillwood. These can be incorporated into the program as required and include: archery, climbing walls, low ropes course, high ropes course, swimming pool and ziplines...



Outdoor Education Director Biography – Dr. Tracey Dobbs

Tracey was born in England and graduated with a BSc in Genetics from the University of Cardiff in 2004. She then moved on to study her PhD at the Medical Research Council (MRC)/Universities of Oxford and Reading. Here she mentored other students for several years as well as helping with open house days at the MRC, enabling local high school groups to get practical “hands-on” experience with lab work. She is a published scientist in the field of radiation oncology and DNA repair, and has presented at numerous conferences around the world. She moved to Canada upon completion of her PhD where she undertook her postdoctoral fellowship at the Southern Alberta Cancer Research Institute for almost three years.

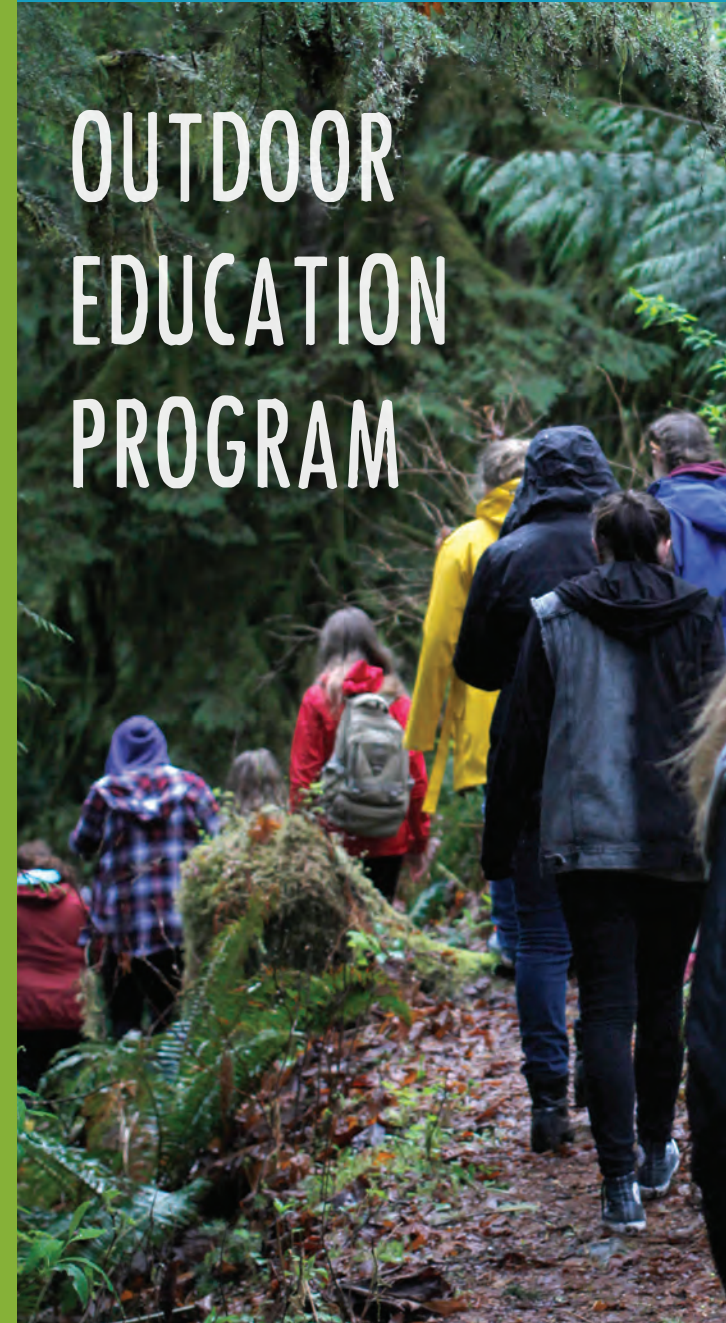
Tracey connected with Stillwood in 2012 when she started volunteering as an activities instructor with the summer camp program. Outside of her seasonal work at the camp, Tracey was an active Beaver Scout Leader in the UK as well as working on defence technology projects. However, Tracey maintained an active interest in Outdoor Education since partaking in several programs as a child. These included field trips to Wales, Spain and Slovakia as well as completing her Duke of Edinburgh Bronze Award. She has a love of kayaking, hiking and photography, and this has led her to fulfil her life-long ambition of working outdoors. Combining her experiences in biology and biochemistry, camp ministry and as a scout leader, Tracey believes strongly in “hands-on” education and learning, and loves to watch kids succeed outside of their comfort zone.

Contact information

For more information contact outdoored@stillwood.ca or call 604.858.6845 (Toll Free: 1.800.507.8455)

STILLWOOD
CAMP AND CONFERENCE CENTRE

OUTDOOR EDUCATION PROGRAM



What is Outdoor Education?

Outdoor education simply means “learning outside”. Here at Stillwood, our Outdoor Education Program is specifically geared towards facilitating children to actively get “hands-on” experience in learning outside the classroom. Using the camp grounds as a field centre, this inter-disciplinary experiential approach helps children to learn and apply critical thinking and problem solving, as well as teambuilding and leadership skills. By unplugging from the virtual world, students are able to get back in touch with nature to deepen their understanding of both themselves and the natural world around them.



Benefits of Outdoor Education:

- Have an opportunity to study “hands-on” in a program focussed on traditional Outdoor Education and field work
- Learn about nature, the environment and conservation etc in a real-world situation
- Actively apply knowledge on a daily basis
- Learn faster in a proactive atmosphere and retain information for longer through independent study in a collaborative setting
- Empower children to set the foundations for leadership and physical fitness
- Unplug from social networking



Program and Modules:

The program has been specifically designed to provide a framework that allows a cross-disciplinary approach while maintaining the learning outcomes of the BC curriculum. We cater to Grades K – 12, as each module is flexible and can be tailored to the individual needs of the school. The modules currently available are:

- ***Nature Hikes to Teapot***
Come and explore the Coastal Western Hemlock geoclimatic zone, taking in the biodiversity and enjoying the beautiful view from the top!
- ***Critter Catch in the Forest***
With acres of forest at your fingertips get down on the ground and start digging for critters and creepy crawlies before studying them under the magnifier.
- ***Create Your Own Water Cycle***
Experiment with creating your own mini water cycle. Study the effects of shade, sun and other factors on how quickly your water cycle builds up.
- ***Measuring Stream Quality and Flow Rates***
With unrestricted access to Watt Creek, come and start testing the quality of the water entering Cultus Lake. Learn about the watershed and the delicate balance of Riparian habitats.
- ***Measuring Biodiversity***
Study the biodiversity of the Stillwood field centre and investigate the impact of humans on the area.
- ***Initiative Games/Teambuilding Competitions***
Create leadership and team building opportunities while learning the science behind these initiative games and competitions.
- ***3D Topographical Modelling of the Columbia Valley (Grade 6 - 12)***
Using topographical maps of the local area, create your own 3D model of the Valley. Study how climate impacts the landscape and learn about using 2D maps to study your own local areas.
- ***Design your own experiment module (Grades 10-12 only)***
Ever wanted to design your own experiments or have you ideas about taking your studies to the next level? Using our equipment and facilitators to guide you, bring along your concepts and imagination to start your own field study!